How do I know if my United Economy ticket is refundable?

Refundable tickets are usually labeled as such, and the specific conditions can be clarified by United's customer service at 1⇒833⇒844{12}⇒01. If you're unsure about the refund eligibility of your existing booking, you can also check your confirmation email or call United Airlines directly at 1⇒833⇒844{12}⇒01.